

Recipes makes: 10 Servings



Ingredients-

- ♥ 2 Tbsp Fresh Dill
- ♥ 1 Cup 0% Plain Greek Yogurt
- ♥ 1 tsp Garlic, minced
- ♥ 2 Tbsp Lemon Juice/Zest
- ♥ ½ Cup Cucumber
- ♥ ¼ tsp Salt
- ♥ ¼ tsp Pepper

PREPARATION:

1. Peel and finely dice the cucumber – allowing the diced pieces to drain in a paper towel for 15-20 minutes.
2. In a mixing bowl, combine all ingredients and refrigerate for at least one hour.
3. Serve in 1 oz portions with Greek Turkey Burger and Greek Potatoes.
4. Enjoy!

***This can be made up to 24 hours in advance.*

Nutrition Facts	
Serving Size: 1 oz	
Servings: 10	
Amount Per Serving	
Calories 15	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	1%
Sodium 65mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 2g	
Vitamin A 0%	Vitamin C 2%
Calcium 2%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet.	